

HORICON RECREATIONAL PROGRAMS WINTER 2017



FOR YOUTH DEVELOPMENT*
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH RECREATIONAL PROGRAMS

SKILLS & DRILLS BASKETBALL (2ND-3RD GRADE)

This class uses age-appropriate skills and team play for a fun, positive experience.

Location: Van Brunt Gymnasium

Wednesdays 5:45 pm - 6:15 pm

Session January 11 - February 1

Program Fee: \$10

CODE: HRBBALL

SPORTIES FOR SHORTIES (4K- 1ST GRADE)

Hands-on exploration of a variety of sports will engage your preschooler as they are introduced to different games, and learn the fundamentals of athletics. Your child will be beaming with confidence as they master the tot-size games.

Location: Van Brunt Gymnasium

Wednesdays 5:00 pm - 5:30 pm

Session January 11 - February 1

Program Fee: \$10

CODE: HRSFS

SKILLS & DRILLS BASEBALL/SOFTBALL (2ND-3RD GRADE)

This program works on refining the fundamental skills of baseball/softball. Players will need to provide their own glove.

Location: Van Brunt Gymnasium

Wednesdays 5:45 pm - 6:15 pm

Session February 8 - March 1

Program Fee: \$10

CODE: HRSKILL

INDOOR T-BALL (4K-1ST GRADE)

Learn how to play the game of t-ball this winter in the warmth of the gym. Children will learn the basic skills and rules of t-ball using soft dodge balls. No glove needed.

Location: Van Brunt Gymnasium

Wednesdays 5:00 pm - 5:30 pm

Session February 8 - March 1

Program Fee: \$15

CODE: HRTBALL

WINTER WONDERLAND

Winter activities are abundant in Horicon Parks:

Outdoor Ice Skating

Enjoy free Ice skating at the rink located in Discher Park parking lot on N. Palmatory Street.

Cross Country Skiing Trails

New groomed trails are located at River Bend Park. Take advantage of this free activity for all skill levels.

PRESCHOOL RECREATIONAL PROGRAMS

BALLS OF FUN (AGES 2-3)

Parents and children will focus on fun while exploring skills, like running, jumping, throwing, catching and playing games with balls. Please wear socks and gym shoes. Get ready to have a ball! Parent must be present for this class and participation is encouraged.

Location: Van Brunt Gymnasium

Mondays 5:30 pm - 6:00 pm

Session February 6 - February 27

Program Fee: \$10

CODE: HRBFUN

MESSY BEES (AGES 2-3)

Explore art in this 30 minute creativity class. Each week we will introduce you and your child to a new sensory station, as well as a new art technique. This class will put a smile on everyone's face and the best part is that we do all the clean-up. Dress for mess! Parent must be present for this class and participation is encouraged.

Location: Van Brunt Cafeteria

Mondays 5:30 pm - 6:00 pm

Session 1 January 9 - January 30

Program Fee: \$15

CODE: HRBEES

ADULT RECREATIONAL PROGRAMS

FIT-A-THON

Saturday, January 21

8:00 AM - 11:00 AM

Three hours of fun that includes segments of a variety of group exercise classes, that are rotated through in rapid succession.

Join for all, or just part of the event activities.

Free for everyone...invite your friends and family!

Location: The Y Gymnasium

BODY SCULPTING (AGES 13+)

Welcome Back Abbey Busse!

This class offers strength training and cardio/endurance training, using circuits of high intensity to low intensity. You will use body weights, hand weights, stability balls and steps.

Don't expect any night to be the same in this 4 week program!

Location: Van Brunt Cafeteria

Wednesdays 5:30 pm - 6:15 pm

Session 1: January 11 - February 1

Session 2: February 8 - March 1

Program Fee: \$20

CODE: HRBODY (1) (2)

